

Chris Duhon Basketball Camp

July 26-30, 2010

Monday-Friday, 9 a.m. – 5 p.m.

Ages 8-14 (Girls and Boys)

The Emily Krzyzewski Center, Durham, NC

Typical Daily Schedule

Morning

- 9:00-9:30 Check in/Roll Call
Open gym shoot-around
- 9:30-10:00 Camp Director Welcome
- 10:00-10:30 Warm-up and Stretching
- 10:30-12:00 Skill & Drill Stations
- Rebounding
 - Passing
 - Free-throws
 - Dribbling
 - Shooting

Afternoon

- 12:00-1:00 Lunch (included) and competitions
- 1:00-2:00 Guest Speakers and Autograph Session
- 2:00-4:55 League Games
- 4:55-5:00 Final Words & Dismissal



Designed for Boys and Girls ages 8-14, the camp will focus on the fundamentals of basketball, such as ball handling, passing, shooting, dribbling, footwork, defense and rebounding. The camp is led by skilled staff including Chris Duhon.



Camper's Name: _____

Date of Birth: _____ Age _____

Parent's Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

E mail: _____

Please mail or fax application to:

Emily Krzyzewski Center
904 W Chapel Hill Street
Durham, North Carolina 27701
Fax (919) 680-0309

Questions?

For more information call the Emily K Center at 919-680-0308, ext 1002 or info@emilyk.org

Please Check At Least One:

\$225 per Camper - Lunch Included

- Check (Payable to: "Emily Krzyzewski Center")
- Credit Card # _____

Expiration Date: _____ CVC# _____ (3 digit code)

Printed Name: _____

Signature: _____

- Donate to sponsor a scholarship* \$ _____
- Apply for a partial scholarship (the back of this form must be completed to be considered for a scholarship)

**Donations will support camp scholarships and are tax-deductible.*

